

Baltic Society of Phlebology
in cooperation with
Dr. Maurins Vein Clinic



DR. MAURINS VEIN CLINIC
LASER MEDICAL CLINIC



**The Baltic Society
of Phlebology**

14th International Master Course in Phlebology

Endovascular and Transdermal Techniques
in the Treatment of Venous Diseases

Master Course for Phlebologists, Dermatologists, Surgeons and Vascular Surgeons

Riga
June 17-18
2016



Dear colleagues and friends!

On behalf of the Baltic Society of Phlebology I have the honour to invite you to Riga to the 14th International Master Course of Phlebology. The event will thematically focus on the current endovascular and transdermal techniques in the treatment of venous diseases. During the workshop we will focus on a combination of different non-invasive technologies and methods, covering various hot topics from endovenous ablation of saphenous veins and their superficial tributaries to transdermal laser ablation of skin veins, to achieve the best possible functional and aesthetic results.

We are delighted to welcome here Dr. **Lowell S. Kabnick**, MD, RPhS, FACS, FACPh (USA). He is an internationally recognized vascular surgeon and teacher who provides a patient-centered approach to vein care. His method enables the creation and improvement of many of today's most advanced non-invasive vascular surgery techniques. After FDA approval, Dr. Kabnick was the first vascular surgeon in the United States to perform both the radiofrequency ablation and the endovenous laser procedures. He is a Fellow of the American College of Surgeons as well as the American College of Phlebology. He considers himself fortunate to be recognized by his peers who have elected him to a leadership position, President, in The American Venous Forum. In 2007 he joined the faculty of the New York University Langone Medical Center, Division of Vascular and Endovascular Surgery as Director of the NYU Vein Center. Each participant of this event will have the unique opportunity to learn from Dr. Kabnick.

This will provide the participants with an opportunity to learn about the most accurate and up-to-date techniques in the transdermal and endovascular therapies of venous diseases from the world's leading physicians specializing in varicose vein care.

The two-day workshop will focus on the latest techniques: foam sclerotherapy, transdermal and endovascular ablation, as well as provide "tips and tricks" for treating vein problems successfully.

The emphasis will be put on learning efficiency by forming smaller groups of participants to ensure more opportunities for questions and discussions.

I am looking forward to seeing you all during the 14th International Master Course in Phlebology and welcoming you in Riga.



Prof. Dr. **Uldis Maurins**, MD
President of the Baltic Society of Phlebology

Faculty



Lowell S. Kabnick, MD, RPhS, FACS, FACPh
New York University Vein Center
New York, USA



Prof. Dr. Uldis Maurins, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Kristine Rozniece, MD, PhD
Dr. Maurins Vein Clinic
Riga, Latvia



Assist. Prof. Dr. Arnolds Kadiss, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Juris Rits, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Rets Vigants, MD
Dr. Maurins Vein Clinic
Riga, Latvia

Endovascular and Transdermal Techniques in Treatment of Venous Disease

Master Course for Phlebologists, Dermatologists,
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Friday, June 17, 2016 14:30 - 19:30
Albert Hotel, Dzirnavu Street 33, Riga, Latvia

Saturday, June 18, 2016 9:00 - 13:00
Albert Hotel, Dzirnavu Street 33, Riga, Latvia

Saturday, June 18, 2016 14:00 - 18:00
Dr. Maurins Vein Clinic, Kokneses Prospect 18A, Riga, Latvia

Registration: The master course's practical part is limited to **72** practicing clinicians, with places available on a first-come, first-served basis. Registration categories and fees are listed below. To register please visit the Baltic Society of Phlebology website at www.baltic-phlebology.org and download the **Meeting Registration Form** to be sent, after completion, by fax to +371 67 241343 or by e-mail: events@baltic-phlebology.org.

For more info: call +371 29 213773, or e-mail: events@baltic-phlebology.org, www.baltic-phlebology.org.

2-Day Course (theoretical and practical part): 250 EUR
(Members of the Baltic Society of Phlebology - 200 EUR).

2-Day Course (theoretical part only): 80 EUR
(Members of the Baltic Society of Phlebology - 50 EUR).

Included: course syllabus, dinner on June 17, lunch on June 18 and refreshments.
Accompanying person for dinner on June 17 - 30 EUR.

Accommodation: On behalf of our meeting attendees, a special rate has been negotiated for the dates of the meeting at 59 EUR/night per standard single room, 65 EUR/night per standard room double occupancy, 80 EUR/night per superior double room and 96 EUR/night per executive room at the **Albert Hotel**. For reservations, please download **Hotel Reservations Form** and after completion, send by e-mail to reservations@alberthotel.lv, by fax to +371 67331718 or call the Albert Hotel at +371 67331717.

Language: The official language of the course is English.

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Day 1 Friday, June 17, 2016

- 14:30 Registration
- 15:00 - 15:10 Welcoming the participants. **Uldis Maurins**, Latvia
- 15:10 - 15:30 Matching the clinical examination with ultrasound findings.
Creating the treatment plan. **Juris Rits**, Latvia
- 15:30 - 15:50 What should we know about laser physics and laser-tissue interaction?
Kristine Rozniece, Latvia
- 15:50 - 16:10 Endovascular treatment of large diameter and small diameter saphenous veins.
Uldis Maurins, Latvia
- 16:10 - 16:30 Tips and tricks of endovenous ablation. **Lowell Kabnick**, USA
- 16:30 - 17:00 Coffee Break
- 17:00 - 17:20 Endovascular treatment of superficial tributaries. **Juris Rits**, Latvia
- 17:20 - 17:40 Transdermal laser ablation of skin veins. **Kristine Rozniece**, Latvia
- 17:40 - 18:00 Should C2 disease be treated and if so: sclerotherapy or endothermal ablation?
Lowell Kabnick, USA
- 18:00 - 18:20 Recurrent varicose veins and how to treat them. **Arnolds Kadiss**, Latvia
- 18:20 - 18:40 14 years of endovenous laser ablation: lessons learned. **Lowell Kabnick**, USA
- 19:00 - 19:30 Questions and answers
- 20:00 Dinner

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Day 2 Saturday, June 18, 2016

Contraversies in EVLA

Wavelength

9:00 - 9:10 Pro 1470 nm. **Uldis Maurins**, Latvia

9:10 - 9:20 Pro 1920 nm. **Lowell Kabnick**, USA

Treatment of superficial tributaries

9:20 - 9:30 Delayed. **Juris Rits**, Latvia

9:30 - 9:40 In one step. **Lowell Kabnick**, USA

Ablation distance from deep vein

9:40 - 9:50 From level of deep vein. **Arnolds Kadiss**, Latvia

9:50 - 10:00 In at least 2 cm distance from deep vein. **Lowell Kabnick**, USA

10:00 - 10:20 Coffee Break

10:20 - 10:40 How to ensure successful sclerotherapy. **Juris Rits**, Latvia

10:40 - 11:00 How to ensure successful EVLA. **Uldis Maurins**, Latvia

11:00 - 11:20 How to ensure successful transdermal laser ablation of skin veins.

Kristine Rozniece, Latvia

11:20 - 11:40 Endovenous ablation of saphenous veins: My view for the future. **Lowell Kabnick**, USA

11:40 - 12:00 Questions and answers

12:00 - 13:00 Lunch Break

14:00 - 18:00 Practical demonstrations in rotating groups (each group of 8–12 doctors)

Group 1 Laser ablation of GSV. **Lowell Kabnick**, USA

Group 2 Laser ablation of SSV. **Juris Rits**, Latvia

Group 3 Laser ablation of superficial tributaries. **Uldis Maurins**, Latvia

Group 4 Ultrasound guided sclerotherapy of GSV and SSV. **Arnolds Kadiss**, Latvia

Group 5 Ultrasound guided sclerotherapy of recurrences, tributaries and perforating veins. **Rets Vigants**, Latvia

Group 6 Transdermal laser ablation of skin veins. **Kristine Rozniece**, Latvia

18:00 Final questions and answers

Upon completion of the course, each participant will receive an official certificate of attendance.